



#EmptyFridge

#FrigoVide

Let's take action together!

16 to 27 February 2026

Eating is not a luxury. It is a right.

#FrigoVide is a movement that brings together **social services, food aid services** and **those who benefit from them**, to raise awareness of the situation and remind that food is a fundamental right.

Today, more and more people are unable to fill their fridges. Food aid services are also struggling to cope. While needs are increasing, public funding is decreasing.

No one should have to choose between heating, healthcare and food.

To learn more about the right to food, watch our video (in French), which is less than 2 minutes long.
www.fdss.be/caa-droit



#FrigoVide

2 weeks of action

Throughout Wallonia and Brussels.

Posters and flyers in food aid services to explain the situation.

An **online campaign** using the hashtag #FrigoVide (empty fridge).

Media reports to show the reality on the ground.

Our services remain open and are demonstrating their demands.

What you can do to support the campaign

Share posts on Facebook, Instagram or LinkedIn: react, share or post a message with #FrigoVide to show that this reality exists.

Spread the word: explaining the movement to your friends and family is already a contribution.

More information on our website
www.fdss.be/frigovide

